

The **Oldham Cancer Support Centre** provides emotional and practical help for cancer sufferers, members of their families/carers, and also to those who have bereaved by cancer.

In addition to Counselling we offer complementary therapies which are delivered by Therapists who are all members of the Federation of Holistic Therapies.

A Patients' Support Group meets on the last Wednesday of each month. This is facilitated by a chemotherapy sister from Christie's and by one of our own Counsellors, but all activities/discussion topics are decided by members of the group.

A Carers' Group meets on the last Monday of each month, when a light lunch is provided. This offers an opportunity for anyone who is caring for a family member or friend to have a break for a few hours. Most carers can feel quite isolated and the group provides companionship and the realisation that they are not alone.

You do not have to come to the Centre only if you are having counselling or a therapy. Anyone who is affected by cancer is always welcome to drop in for a cup of tea with one of our volunteer receptionists – with or without a chat! They will also have plenty of relevant information available.

Cancer patients must be registered with a GP

Opening hours:

Monday 9.30 a.m. - 3.30 p.m.
Tuesday 9.30 a.m.- 6.00 p.m.
Wednesday 9.30 a.m. - 3.30 p.m.
Thursday 9.30 a.m. - 6.00 p.m.
Friday 9.30 a.m. - 3.30 p.m.
Saturday 9.30 a.m. - 12.30 p.m.

Carers' Group: last Monday of each month.
10.00 a.m - 2.00 p.m.

Patients' Group: last Wednesday of each month. 11.00 a.m. - 2.00 p.m.

e-mail address:
oldhamcancersupportcentre@hotmail.co.uk

website:
www.oldhamcancersupportcentre.com

Telephone: 0161 770 8751

Oldham Cancer Support Centre

Registered Charity No: 1150581

Counselling Services



Oldham Cancer Support Centre
Ena Hughes Centre
Ellesmere Street
Failsworth
M35 9AD
Tel: 0161 770 8751

What is counselling?

Counselling offers confidential sessions based upon a Person-Centred model of counselling, adhering to the British Association for Counselling and Psychotherapists (BACP) professional code of ethics.

Sessions are offered to help clients explore difficult issues which are having an adverse effect upon their psychological, emotional or physical well-being.

Counselling is not about giving advice. It is about client and counsellor working together in a therapeutic alliance to empower the client to live more resourcefully.



Who will I see?

The Centre has several Counsellors who are all qualified and trained to provide this service.

You will see the same Counsellor throughout your treatment.

How long does a session last?

50 minutes

How many sessions will I need?

The number of sessions will be agreed between you and your Counsellor.

Is there a charge for this service?

There is no charge for counselling.

As, however, we are a charity, and you feel that you are able to make a donation, this would be very much appreciated.

Can I just call into the Centre for counselling?

No. There is a booking system in place to ensure that there will be a Counsellor available for you. You are certainly welcome to come to the Centre to make your appointment or you can telephone us on:

0161 770 8751

I have limited mobility and do not have my own transport. How can you help me?

We have volunteer drivers who will collect you at a pre-arranged time from your home, and then return you after your treatment. There is no cost involved.

